



Roadside Gourmet

the

The Roadside Gourmet

cook  
book

# Adam's Dry Rub for Beef

from the roadside gourmet [www.thelap.ca/roadsidegourmet](http://www.thelap.ca/roadsidegourmet)

prep time

1 mins

cook time

0

serves

n/a

things you need

## Equal parts

Fresh ground pepper  
Dehydrated garlic

## 1/2 part

Red pepper flakes

## Double parts

Coarsely ground salt

Visit us at: [www.thelap.ca/roadside-gourmet](http://www.thelap.ca/roadside-gourmet)



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